



Shri Onkar Singh Memorial Trust®

(Public Charitable Trust)

B-12 NBT Apartments, Mayur Vihar, Phase-I, Delhi-110 091 (India) Tel.: 91-11-22752678

Free Surgical cum Medical Camp – A Report

(March 1, 2020 to March 7, 2020)

The *Shri Onkar Singh Memorial Trust (SOSMT)* conducted a free surgical cum medical camp in the sacred ashram of Devaraha Hans Baba in Bhagdevar village, Vindhyachal, District Mirzapur (UP) between March 1, 2020 and March 7, 2020, both days inclusive. The Trust last held such a camp in these hallowed environs some ten years ago, in November 2010. The present camp happened to be the fifty-sixth camp of the Trust and the seventh in this Vindhyachal ashram. With this camp, the SOSMT enters its twenty-first year of selfless service to the ailing humanity.

The Background

Vindhyachal is a place of pilgrimage for the devout because of the highly revered temple of the goddess Vindhyavasini. The ashram of the Baba is some seven kilometres from Vindhyachal. We have always cherished holding surgical camps here because of the very poor people residing in this area. They are the ones who deserve our services the most. Additionally one tends to receive the blessings of the Hans Baba, the spiritual giant revered by his devotees all over the country, and even abroad. For certain reasons beyond our control, we could not do any charitable work here during the last ten years. But we had always been waiting since the year 2010 for another opportunity to work here. And we got one this time.

The Spadework

Dr Charak and Guptas Tarun and Jyoti drove all the way to Vindhyachal and to Baba's ashram in the last week of November 2019 to seek Baba's permission to hold a free surgical cum medical camp there in the manner that we had done in the past. The Baba graciously agreed to the proposal. Dr Charak again visited Mirzapur as well as Baba's ashram on February 9, 2020 to initiate ground work for the forthcoming camp. The district CMO was contacted and his approval for the conduct of the camp was sought and obtained. The areas for camp activity in the ashram were identified, particularly for OPD work, lab facility, dispensing of medicines, operative work and post-operative care of patients. Dr Charak also took the help of Dr Guru Prasad, a renowned physician, and Shri Ravi Agarwal, a businessman, at Mirzapur, both devotees of the Hans Baba, to monitor the camp preparation after he left for Delhi. Both Ravi Agarwal and Dr G Prasad proved extremely helpful during our camp activities. Two thousand pamphlets announcing the dates and other details about the forthcoming camp were also handed over to ashram volunteers for distribution in the surrounding areas so that more and more patients could know about the camp and benefit from it.

Sister Gurmail and Dr Charak also visited Nouggran where most of the medical equipment lies. The purpose was to segregate instruments, linen, an operation table, OR lights, cautery and suction machines, surgical sutures, medicines and various consumables to be carried from Nouggran to Vindhyachal ashram. These things were carried by ambulance to Vindhyachal a day before the SOSMT team arrived there on March 1, 2020.

The Finances

Several friends and well-wishers contributed to the success of the camp through financial help. We remain beholden to them. Some of them include:

- Susan Pfau, Roy Dunbar, Dr Vinod Malhotra, Dr Anita Nagpal, Dr Naresh Nagpal/Zubin Nagpal, Sandeep Samal, Sambit Samal, Simrann Anand, Michael Sugarman, Dr Sajani Raman, Minu Desai and Eric Schwartz (Schwartz Family Foundation) from USA;
- Dr Y P Kapur, Dr Rajinder Bhutiani and Manish Gupta from UK;
- Smt. Prem Mohini Sharma, R K Kaul, Dr S B Taneja, Sh Krishan Taneja, Sh Rajiv Gupta, Justice S N Kapoor, Sister Pushpa Sharma, Dr Vijay Dutta and Sh Alok Shiromany from India

Arrival at Vindhyachal : Setting up the Camp

The team of doctors, nurses, paramedical staff and volunteers reached Vindhyachal by the Magadh Express on the morning of March 1, 2020. From there, the auto-rickshaws transported the team members to the ashram of Hans Baba in the Bhagdevar village some seven kilometres away. The ambulance with medicines, surgical equipment, instruments, linen, operation table and OR lights, etc., had already reached the ashram a day earlier. The team was accommodated in the recently built new block of the ashram. The last time we conducted a camp here was in the year 2010 when there were eighty-one rooms for the devotees, divided in three blocks of 27 rooms each. A fourth block is being added now. Part of it is ready for use and that is where the team from Delhi was accommodated. A large hall on the ground floor was used for registration of OPD patients and for conducting the OPD work. Separate rooms were used for laboratory work and pharmacy. A separate area for kitchen and dining was also available to us. The operation theatre and the post-operative ward were made ready in the same area where we had done our last camp here ten years ago. We had brought one operation table from Nouggran in Jammu. Another one was acquired from the hospital of Dr Guru Prashad in Mirzapur. Dr Guru Prashad provided us great help all during the camp activities, including the lab support, OR table and instrument trolleys in the operation room, tetanus toxoid injections and intravenous fluids. He also offered to look after our post-operative patients after our departure. Another person who provided us selfless support during this period, as already mentioned, was Sh Ravi Agarwal from Mirzapur. In the absence of Dr Guru Prshad, Mr Agarwal took it upon himself to arrange the transport of medicines, IV fluids and equipment from Mirzapur to the ashram.

Camp Activities

The OPD work was started soon after arrival. Operation work had to be started from the next day, i.e., from March 2, 2020 onwards. A total of 1161 patients attended our OPD during the seven days, from Sunday to Saturday. Eighty-four major and minor surgical procedures were performed during the five operative days, from Monday to Friday. While the total OPD attendance appears to be reasonable compared to several other venues where we have held such camps, it was slightly low for this place which has a large poor population, and our previous camps have seen much larger OPD attendances. Many people unfortunately came to know of the camp too late and could not reach in time for surgery. They were promised surgery whenever there was a next camp at this venue. Significantly, for the first time in the last twenty years, there was no gall bladder surgery in this camp. One case of

cholelithiasis and another of a thyroid swelling reached the camp too late to be accommodated for surgery!.

Overall statistics of the camp:

1. Total outdoor attendance	1161
2. Total indoor admissions	61
3. Total number of surgical procedures	84
• Major surgical procedures (necessitating general or spinal anesthesia)	61
• Minor surgical procedures (requiring local/regional anesthesia)	23
4. Major surgical procedures: A breakup	(61 cases)
• Abdominal (Minilap for persistent discharging umbilical adenoma 1)	1
• Vascular (Varicose veins 1)	1
• Genito-urinary (Hydrocoeles 31, 8 of them bilateral)	33
• Breast (Fibroadenoma 1)	1
• Inguinal hernia	
♦ Congenital	4
♦ Adult	11
• Ventral hernia	2
• Anal/Perianal (Fistulectomy 2; hemorrhoidectomy 3)	5
• Orthopedic	3

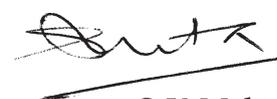
Return to Delhi

Having completed our work satisfactorily and after seeking the blessings of the Hans Baba in the evening on March 7, the team left for Delhi at around midnight by the Sampooran Kranti Express for which the team had to proceed to Mirzapur station. They reached Delhi on the morning of March 8, 2020. Devinder had to leave a day earlier to catch his flight to UK on time.

Future Plans

There was a plan to conduct our next free surgical cum medical camp in Phagwara town of Punjab from April 5 to 11, 2020. However, because of the scourge of the corona virus disease, we have cancelled this. Now, if circumstances improve appreciably, we shall be holding our next camp from October 4 to 10, 2020. The venue shall be decided in due course.

March 15, 2020



S K Mehta

Chairman, SOS Memorial Trust



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So far...

Here is a summary of the services rendered by the *Shri Onkar Singh Memorial Trust* through the holding of free surgical cum medical camps starting from the year 2000.

Venue-Duration	OPD Attendance	Indoor Admissions	Operations		
			Major	Minor	Total
First 45 camps between October 2000 and April 2016	61,875	1,773	1,552	1,032	2,584
46. Nougran (Distt. Jammu, J & K State) October 16, 2016 to October 22, 2016	561	37	36	24	60
47. Kundli (Distt.Sonepat, Haryana) November 20, 2016 to November 26, 2016	796	21	21	4	25
48. Nougran (Distt. Jammu, J & K State) March 12, 2017 to March 18, 2017	1186	48	48	39	87
49. R S Pura/Nougran (Distt. Jammu, J & K State) April 9, 2017 to April 15, 2017	554	52	39	9	48
50. Nougran (Distt. Jammu, J & K State) Novemberr 4, 2017 to November 11, 2017	963	52	52	22	74
51. Nougran (Distt. Jammu, J & K State) April 1, 2018 to April 7, 2018	1205	42	41	42	83
52. Nougran (Distt. Jammu, J & K State) September 30, 2018 to October 6, 2018	775	36	34	22	56
53. Nougran (Distt. Jammu, J & K State) November 18, 2018 to November 24, 2018	667	41	41	11	52
54. Nougran (Distt. Jammu, J & K State) March 24, 2019 to March 30, 2019	938	41	40	30	70
55. Nougran (Distt. Jammu, J & K State) November 3, 2019 to November 9, 2019	534	30	30	16	46
56. Vindhyachal (Distt. Mirzapur, UP) March 1, 2020 to march 7, 2020	1161	61	61	23	84
Total	71,225	2,234	1,995	1,274	3,269



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Free Surgical cum Medical Camp at Vindhyachal

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Names of Participants

1. Dr K S Charak (MS, FRCS)	:	Surgeon
2.. Dr R Sawhney (MD)	:	Anaesthesiologist
3. Dr Malati Tiwari (MD)	:	Anesthesiologist
4. Dr Devinder Kumar (FRCS)	:	Colo-rectal Surgeon (UK)
5. Dr A K De	:	Orthopaedic Surgeon (UK)
6. Dr Vijay Dutta (MD)	:	Physician
7. Dr Satish Tiwari	:	Physician
8. Dr S B Taneja (MS)	:	Surgeon
9. Dr Lalita Sharma	:	Paediatrician
10. Dr Hira Lal	:	Surgeon
11. Sister Gurmail	:	OR Nurse
12. Sister Pushpa Sharma	:	OR Nurse
13. Sister Shakuntala	:	Nurse
14. Master R C Yadav	:	Male Nurse
15. N D Khanna	:	Administrator
16. Dan Singh	:	OR Technician
17. Ravi Pratap	:	OR Assistant
18. Dalbir	:	OR Assistant
19. Dalip Singh	:	Cook
20. Sunil	:	Cook
21. Ravi Sharma	:	Volunteer
22.. Tarun Gupta	:	Volunteer
23. Ms Vrinda	:	Volunteer
24. Mrs. Raj Khanna	:	Volunteer
25. Smt Amita Dutta	:	Volunteer
26. Kaali (Nougran)	:	Volunteer
